

New perspectives in the treatment of invasive candidiasis

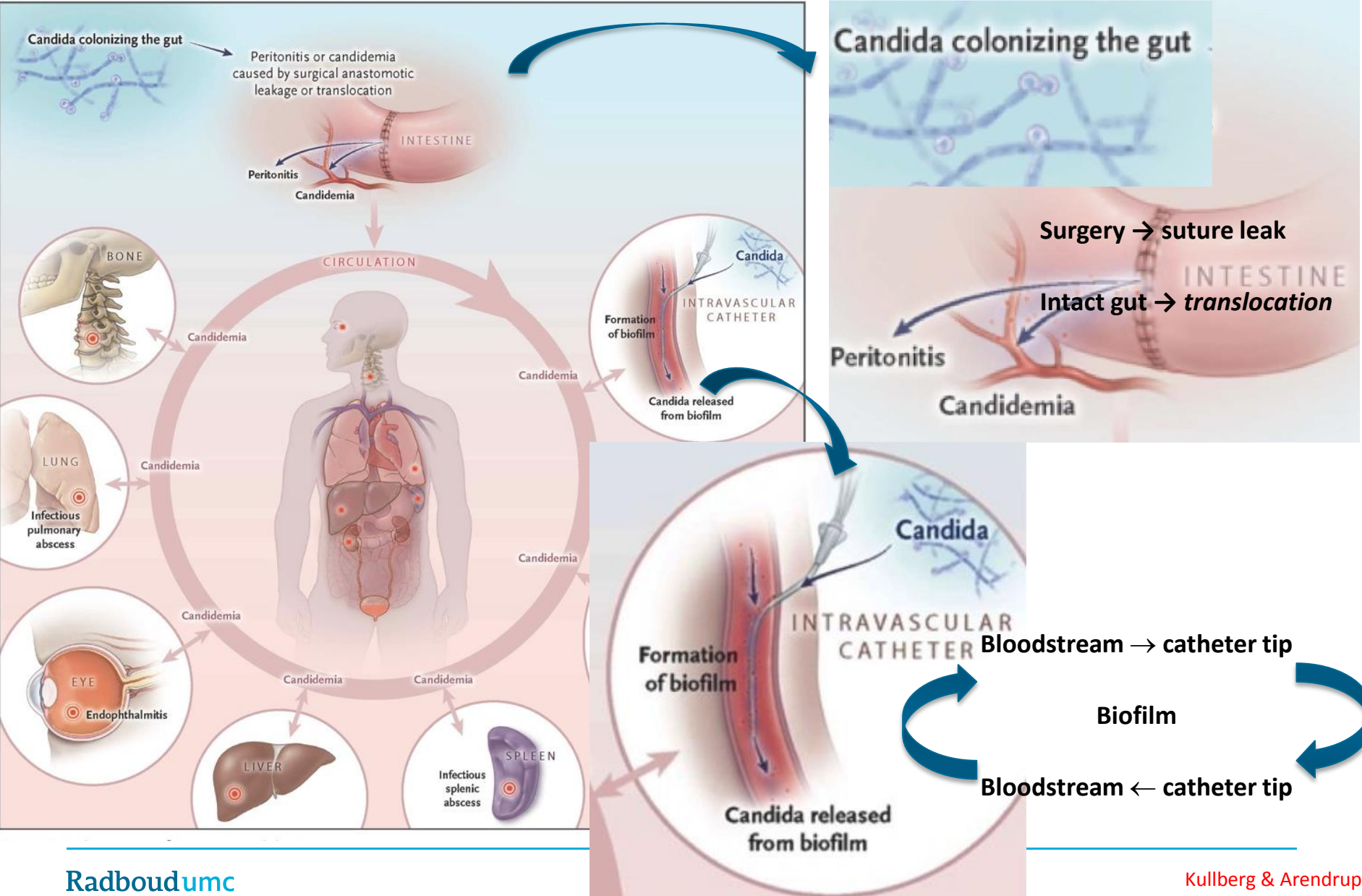
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50 JAHRE | 1967–2017

Radboudumc

Pathogenesis of candidemia and invasive candidiasis



Invasive candidiasis

- ✓ Can we prevent invasive candidiasis in the ICU?

MSG-01: Caspofungin prophylaxis¹ in high-risk ICU patients

Randomized, double-blind, multicenter
study of Caspofungin vs. placebo

- Adult patients >48h in ICU
- Mechanical ventilation
- Central venous catheter
- Broad-spectrum antibiotics
- ≥1 of: TPN, dialysis, major surgery, pancreatitis, steroids/immunosuppressants

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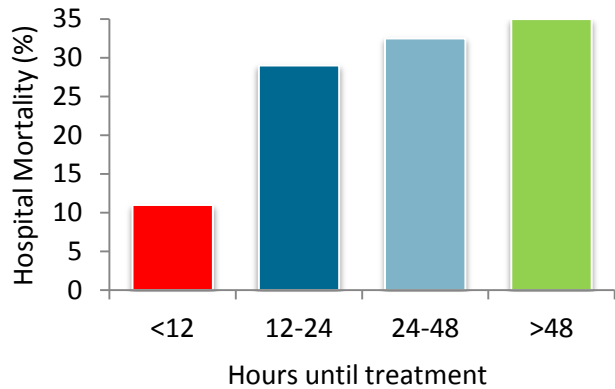
MITT ² , N=186	Caspofungin	Placebo	Difference <i>P</i>
Invasive candidiasis proven/probable ³ , after baseline	9.8%	16.7%	P=0.14
Proven invasive candidiasis	1.0%	4.8%	P=0.11
Mortality	16.7%	14.3%	P=0.35
Length of stay			n.s.

**No support for antifungal prophylaxis among ICU patients
other than high-risk groups previously identified in the guidelines**

Invasive candidiasis

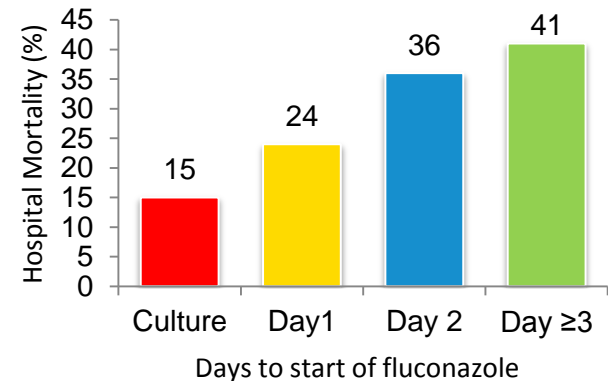
- ✓ Can we detect & treat invasive candidiasis in the ICU earlier?

Candidemia: Importance of early appropriate treatment

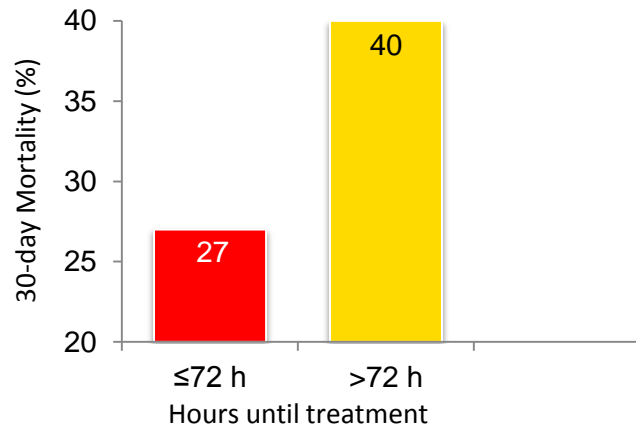


157 patients – 2001–2004
Initiation of antifungal therapy <12 to >48 h after culture sample
Morrell M, et al. *AAC* 2005

230 patients – 4 centers – 2002–2005
Initiation of fluconazole 0 to ≥3 days
Garey KW, et al. *Clin Infect Dis* 2006



446 patients – 2001–2009
Intent to treat: 31.6–36.3% - N.S.
Shown: when Rx for <24 h classified as inappropriate
Grim SA, et al. *J Antimicrob Chemother* 2012



$P=0.004$

How to select patients for empirical therapy?

Patients admitted to ICU for >7 days (Spain)

Risk factors for developing invasive candidiasis

Develop *Candida score*

■ Multifocal colonization	1 point
■ Total Parenteral Nutrition	1 point
■ Surgery	1 point
■ Severe sepsis	2 points

Not universally applicable!

Local epidemiology (culture positivity) should guide local policy

- If ≥ 3 points → start treatment
- Sensitivity 60-80%, specificity 74-86%

Empirical Micafungin in ICU patients with Sepsis, Organ failure, and Candida colonization

Randomized, double-blind, multicenter study of Micafungin vs. placebo

- Nonneutropenic adult patients in ICU
- Mechanical ventilation ≥ 5 days
- ≥ 1 Additional organ dysfunction
- New ICU-acquired sepsis
- Broad-spectrum antibiotics ≥ 4 days
- ≥ 1 Site colonized with *Candida* species

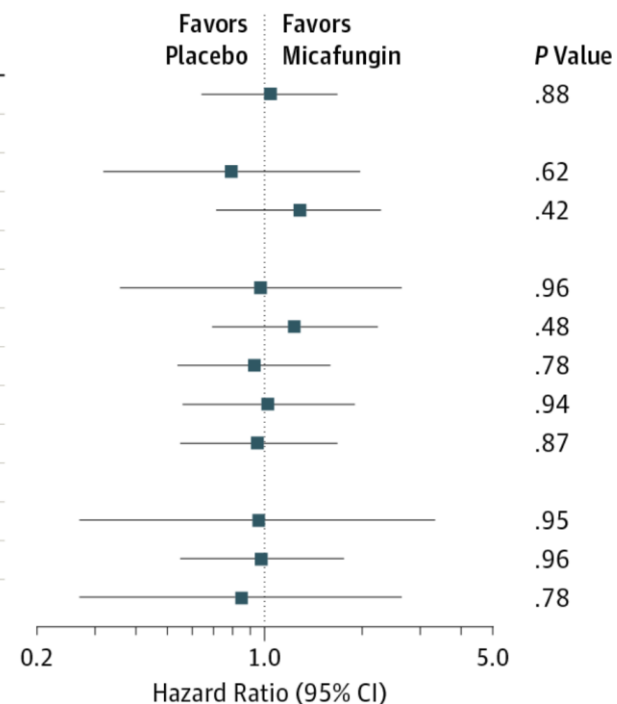
MITT ¹ , N=251	Micafungin (14 days)	Placebo	Difference
28-day Survival free of proven fungal infection	68%	60%	HR 1.35 (0.87-2.08)
Survival (d28)	70%	70%	HR 1.04 (0.64-1.67)
Invasive fungal infections	9%	12%	Δ 2.8% (-5.0, 10.8)

No support for empirical antifungals among ICU patients other than high-risk groups previously identified

Empirical Micafungin in ICU patients with Sepsis, Organ failure, and Candida colonization

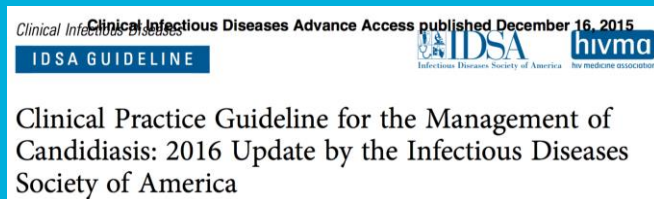
28-Days' Survival

	Micafungin		Placebo		Hazard Ratio (95% CI)
	Survived at Day 28, No.	Total No.	Survived at Day 28, No.	Total No.	
All patients	90	128	86	123	1.04 (0.64-1.67)
SOFA score					
≤8	53	66	58	68	0.79 (0.32-1.96)
>8	37	62	28	55	1.28 (0.71-2.27)
Admission category					
Surgical	23	34	23	31	0.97 (0.36-2.63)
Medical	67	94	63	92	1.23 (0.69-2.22)
Colonization index ≥0.5 ^a	70	101	70	99	0.93 (0.54-1.59)
Corrected colonization index ≥0.4 ^b	54	76	56	80	1.02 (0.56-1.89)
Candida score ≥3	66	96	58	85	0.95 (0.55-1.67)
(1-3)-β-D-glucan, pg/mL ^c					
>250	14	21	17	25	0.96 (0.27-3.33)
>80	61	91	58	84	0.98 (0.55-1.75)
≤80	29	37	28	39	0.85 (0.27-2.63)



Invasive candidiasis

- ✓ What is the evidence behind the guidelines?



IDSA Clinical Practice Guideline for Management of Candidiasis 2016



ESCMID Diagnostic & Management Guidelines for *Candida* Diseases 2012

IDSA 2016: Treatment for candidemia



Compound	Comment	Recommendation	Evidence
<i>Initial therapy</i>			
Anidulafungin 200→100 mg		Strong	High
Caspofungin 70→50 mg		Strong	High
Micafungin 100 mg		Strong	High

IDSA 2016: Treatment for candidemia



Compound	Comment	Recommendation	Evidence
Initial therapy			
Anidulafungin 200→100 mg		Strong	High
Caspofungin 70→50 mg		Strong	High
Micafungin 100 mg		Strong	High
Acceptable alternatives			
Fluconazole 800→400 mg	Selected patients – Not critically ill and unlikely to have FLU-resistant <i>Candida</i>	Strong	High
Voriconazole 6→3 mg/kg bid*	Little advantage over FLU as initial therapy	Strong	Moderate
L-Amphotericin B 3 mg/kg	Reasonable alternative if intolerance, limited availability, or resistance to other antifungal agents	Strong	High

*Licensed dose: 6 mg/kg q12h for the first 24 hours, followed by 4 mg/kg BID. Voriconazole is indicated in the treatment of candidaemia in non-neutropenic patients (adults & children ≥2 yrs)



ESCMID: The paradigm shift Directed therapy of candidemia

Compound	Recommendation	References	Comment
Anidulafungin 200→100 mg	A I	Reboli NEJM 2007 Kett Int J Antimicrob Agents 2008	
Caspofungin 70→50 mg	A I	Mora-Duarte NEJM 2002 Pappas Clin Infect Dis 2007	
Micafungin 100 mg	A I	Kuse Lancet 2007 Pappas Clin Infect Dis 2007	
L-Amphotericin B 3 mg/kg	B I	Kuse Lancet 2007 Dupont Crit Care 2009	
Voriconazole 6→3 mg/kg bid*	B I	Kullberg Lancet 2005 Ostrosky-Zeichner Eur J Clin Microbiol Infect Dis 2003 Perfect Clin Infect Dis 2003	
Fluconazole 800→400 mg	C I	Anaissie Clin Infect Dis 1996 Rex NEJM 1994 Rex Clin Infect Dis 2003 Philips Eur J Clin Microbiol Infect Dis 1997 Reboli NEJM 2007	
AmB lipid complex 5 mg/kg	C II	Anaissie ICAAC 1995 Ito Clin Infect Dis 2005	
AmB deoxycholate 0.7–1 mg/kg	D I	Bates Clin Infect Dis 2001 Anaissie Clin Infect Dis 1996 Rex NEJM 1994 Philips Eur J Clin Microbiol Infect Dis 1997 Mora-Duarte NEJM 2002	

*Licensed dose: 6 mg/kg q12h for the first 24 hours, followed by 4 mg/kg BID. Voriconazole is indicated in the treatment of candidaemia in non-neutropenic patients (adults & children ≥2 yrs)



Directed therapy of candidemia and invasive candidiasis in non-neutropenic adults

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*Licensed dose: 6 mg/kg q12h for the first 24 hours, followed by 4 mg/kg BID. Voriconazole is indicated in the treatment of candidaemia in non-neutropenic patients (adults & children ≥2 yrs)

Liposomal amphotericin B equal to echinocandin: Micafungin invasive candidiasis trial

Randomised, double-blind multicentre study of micafungin vs liposomal amphotericin B

	Micafungin 100→200 mg	Liposomal amphotericin B 3→5 mg/kg	Estimated Difference (95% CI)
Success rate* (MITT; EOT) N=494	74%	70%	4.5% (-3.5, 12.4) P=NS
Success rate Neutropenic patients N=57	59%	56%	4.9% (-3.0, 12.8) P=NS
Mortality (12 weeks)	40%	40%	P=NS
Side Effects Creatinine rise (>ULN)	10%	30%	P<0.0001

*Treatment success defined as both clinical and mycological response at end of treatment
MITT, modified intent-to-treat population; EOT, end of treatment; ULN, upper limit of normal.



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*Licensed dose: 6 mg/kg q12h for the first 24 hours, followed by 4 mg/kg BID. Voriconazole is indicated in the treatment of candidaemia in non-neutropenic patients (adults & children ≥2 yrs)

Echinocandin superior to Fluconazole: Anidulafungin invasive candidiasis trial

Randomized, double-blind, multicenter study of Anidulafungin vs. Fluconazole

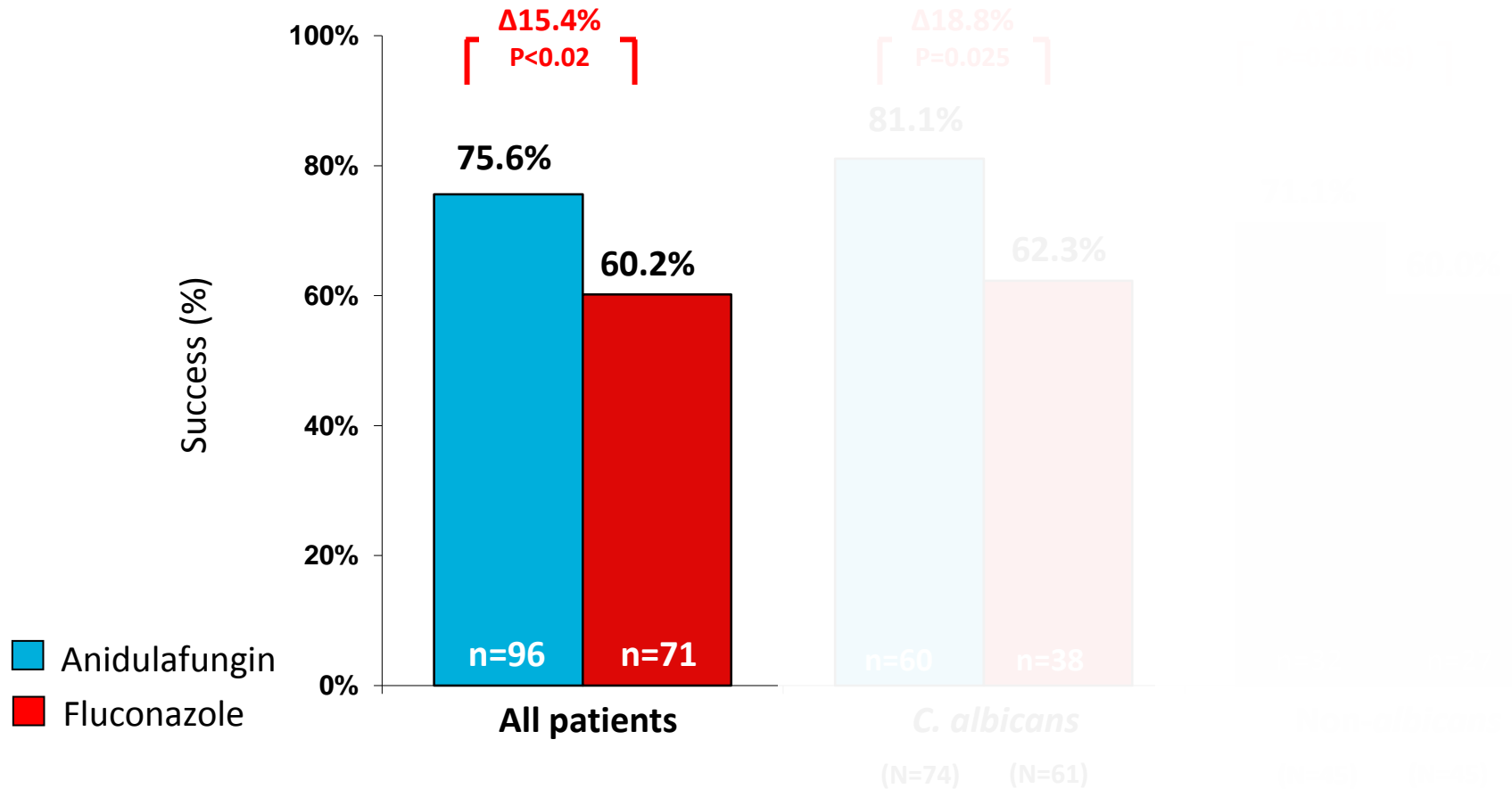
	Anidulafungin 200→100mg	Fluconazole 800→400mg	Estimated difference % (95%CI; P)
Success Rate (MITT; EOivT) N=245	76%	60%	15.4% (3.9, 27.0; P<0.02)
Crude Mortality (8 wks)	23%	31%	P=0.13

Both arms allowed to switch to oral fluconazole after ≥10 days

MITT. modified intent-to-treat population; EOivT, End of intravenous Treatment

Anidulafungin candidemia study

Success difference driven by *C. albicans* infections*



NS, no significant difference

*Patients with a single baseline pathogen

Anidulafungin study

Success vs APACHE II scores



The IDSA (2016) favors an Echinocandin for all patients with candidemia/invasive candidiasis

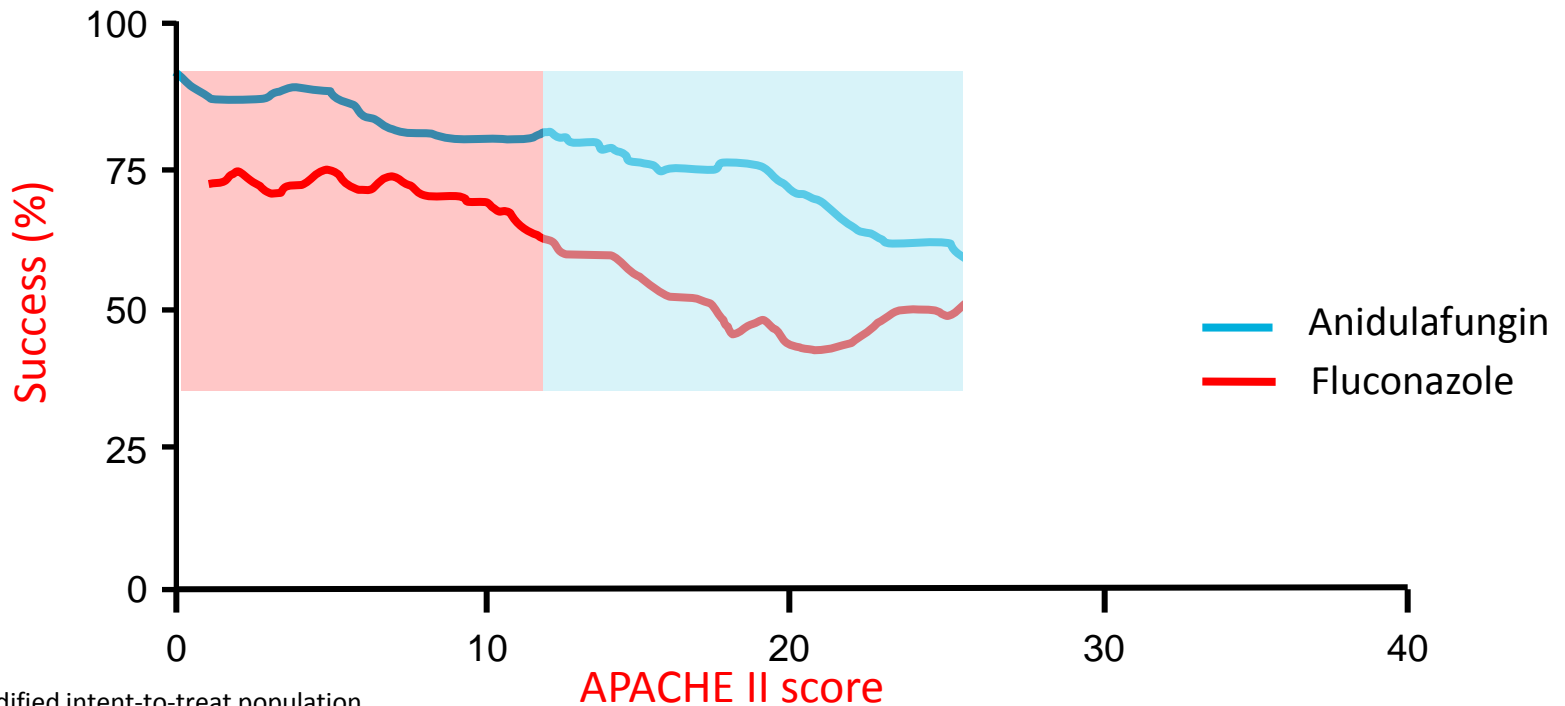
Pappas et al., Clin Infect Dis 2016; 62: 409–17



The IDSA (2009) favors an Echinocandin

- for patients with moderately severe to severe illness
- or patients who have had recent azole exposure

Pappas et al., Clin Infect Dis 2009; 48: 503-535



MITT. modified intent-to-treat population

New data 2009–2017?

Are echinocandins really superior to fluconazole?

Mycoses Study Group MSG-02 Pooled Analysis

- 1915 patients - Individual patient-level pooled analysis
- Overall mortality 31.4%
- Treatment success (EOT) 67.4%

30-day mortality endpoint:

Increased mortality:	OR	P
■ Age	1.01	0.02
■ APACHE II score	1.11	0.0001

Decreased mortality:	OR	P
■ Echinocandin antifungal	0.65	0.02
■ CVC removal during therapy	0.50	0.0001

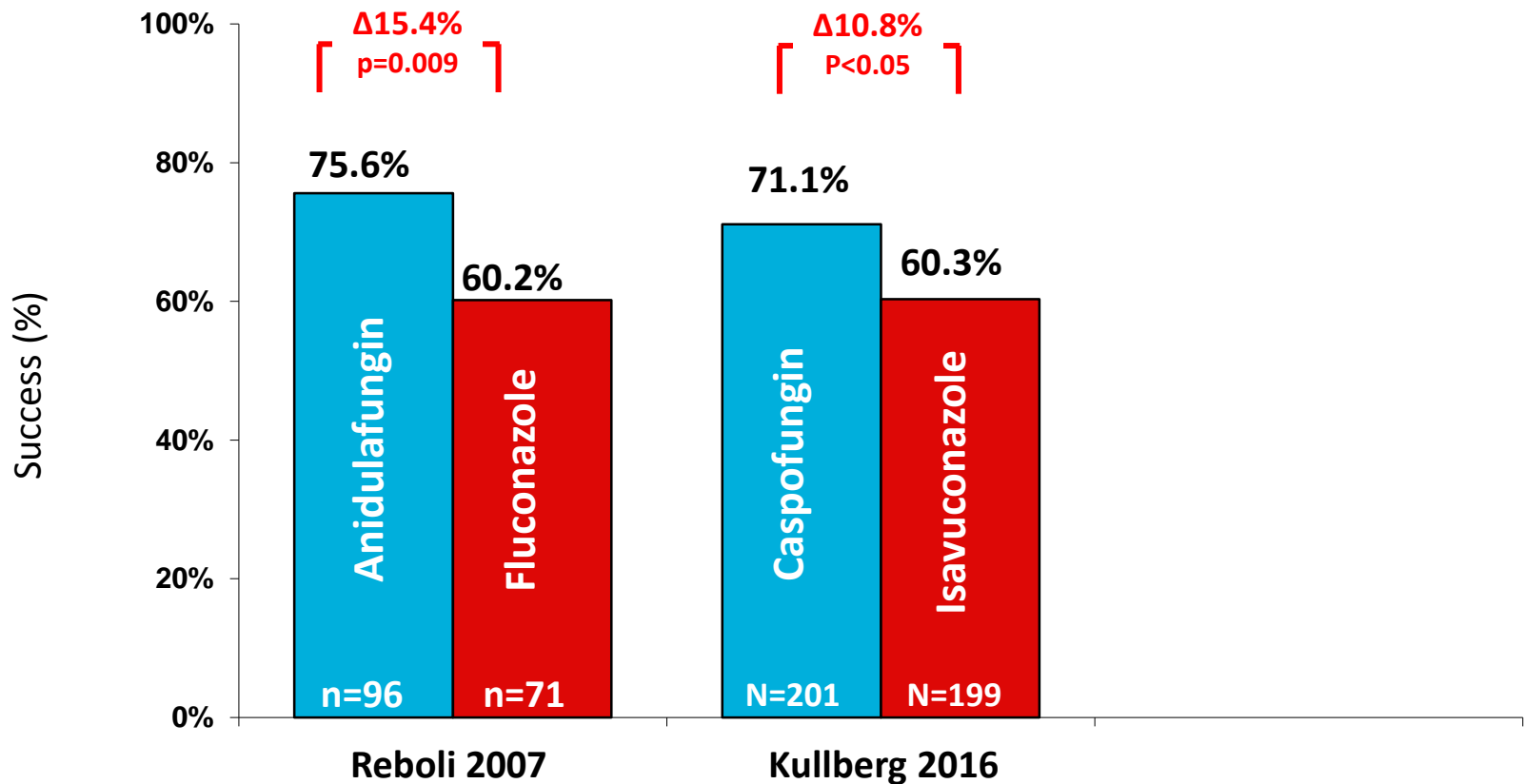
1. Treat early
2. Remove catheter
3. Start with echinocandin

Second azole vs. echinocandin trial – similar difference

Primary objective	Compare the efficacy of isavuconazole vs caspofungin in patients with candidemia or other invasive <i>Candida</i> infections
Study design	Multinational, double-blind, randomized, non-inferiority study of iv isavuconazole versus iv caspofungin; switch to oral treatment >Day 10
Study population	450 adult patients with candidemia/invasive candidiasis; >85% power to demonstrate non-inferiority of isavuconazole to caspofungin at a non-inferiority margin of 15%

Are echinocandins superior to azoles?

Second azole vs. echinocandin trial – similar difference





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Special populations
ICU patients

Invasive candidiasis in the ICU

Registrational trials, ICU patient subgroups	Global success, n / %	Reference source
Fluconazole	13/28 46%	Kett J, Cubillos GF. <i>Antimicrob Agents</i> 2008; 32(Suppl 2):S99–S102.
d-Amphotericin B	32/57 56%	DiNubile MJ, et al. <i>J Crit Care</i> 2007;22(3):237–44.
Micafungin	75/120 63%	Dupont BF, et al. <i>Crit Care</i> 2009;13(5):R159.
L-Amphotericin B	73/110 66%	Dupont BF, et al. <i>Crit Care</i> 2009;13(5):R159;
Caspofungin	27/40 68%	DiNubile MJ, et al. <i>J Crit Care</i> 2007;22(3):237–44.
Anidulafungin	24/35 69%	Kett J, Cubillos GF. <i>Antimicrob Agents</i> 2008; 32(Suppl 2):S99–S102.

Invasive candidiasis in the ICU in Europe (ICE) trial

- Phase IIIb, prospective, open-label, non-comparative multicentre trial
- Anidulafungin in high-risk ICU patients with additional risk factors:
 - post-abdominal surgery
 - solid tumor
 - renal insufficiency
 - hepatic insufficiency
 - solid organ transplant
 - Neutropenia
 - Age ≥65 years

Ruhnke M, et al. *Clin Microbiol Infect* 2012; 18(7):680–7.

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ICE study subgroups – Anidulafungin	Global success, n / % (EOT)
Post-abdominal surgery	54/79 68%
Elderly (≥65 years)	49/72 68%
Renal failure	44/58 76%
Solid tumor	31/41 76%
Hepatic insufficiency	18/25 72%
Neutropenia	6/12 50%
Solid organ transplant	3/8 38%

Septic shock due to candidemia

Retrospective cohort study – 224 patients – single center – 2002-2011

Variable	Survived	Died	P
N (224)	69	155 (69%)	
Multivariate analysis:			
Antifungal treatment <24h of shock	99% (68)	72% (112)	<0.001
Inadequate source control <24h (e.g., catheter removal)	1% (1)	39% (61)	<0.001
Echinocandin	77% (53)	49% (76)	<0.001
Fluconazole/voriconazole	19% (13)	16% (25)	
Ampho B	4% (3)	8% (13)	
None	0% (0)	27% (41)	

1. Treat early
2. Remove catheter
3. Start with echinocandin

Special populations
Abdominal candidiasis

Abdominal candidiasis – The missing 50%

2-year retrospective cohort, U Pittsburg Medical Center

Patients	N
Candidemia	161
Intraabdominal candidiasis	163
Intraabdominal candidiasis	163
▪ Primary peritonitis	8
▪ GI tract source	103
▪ Hepatobiliary/pancreatic source	52
Mortality (100 days)	28%
Bacterial co-infection	67%
Candidemia	6%

Abdominal candidiasis – The missing 50%

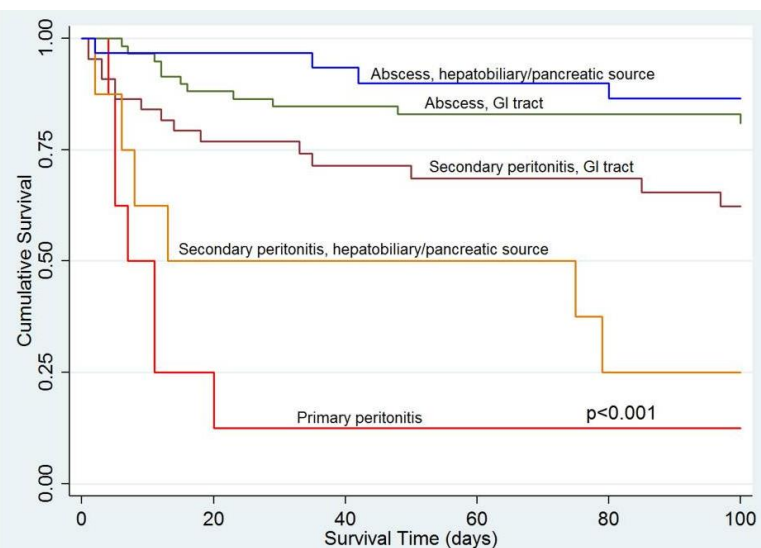
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Bacterial co-infection	67%
Candidemia	6%

Abdominal candidiasis

2-year retrospective cohort, U Pittsburg Medical Center

Predictors of mortality multivariate analysis	Odds Ratio (95% CI)
Age	1.06 (1.03, 1.09)
Antifungal Rx started $\leq 5d$	0.36 (0.13, 0.96)
Abscess	0.25 (0.11, 0.57)
Source control intervention $\leq 5d$	0.23 (0.11, 0.57)



1. Treat early
2. Control source
3. Start with echinocandin

Empiric echinocandin therapy in ICU patients following surgery for intraabdominal infection (INTENSE)

Randomized, double-blind, multicenter study of micafungin vs. placebo

- Adult patients ≥ 48 h in ICU
- Intraabdominal infection (community- or hospital-acquired)
- Requiring surgery and ICU stay
- **Exclusion:** e.g., acute pancreatitis, CAPD, organ transplant, *documented invasive candidiasis*

Randomized, N=252	Micafungin	Placebo	Difference (CI)
Baseline invasive candidiasis	5	2	
Full analysis cohort			
No baseline candidiasis, ≥ 1 dose	124	117	
Proven invasive candidiasis (IDRB)	11.1%	8.9%	2.24 (-5.52, 10.20)
Mortality	4.3%	0.8%	$P = \text{NS}$
Per protocol cohort			
Proven invasive. candidiasis (IDRB) + no protocol violations, ≥ 3 days Rx	6.3%	5.7%	0.65 (-7.17, 8.95)

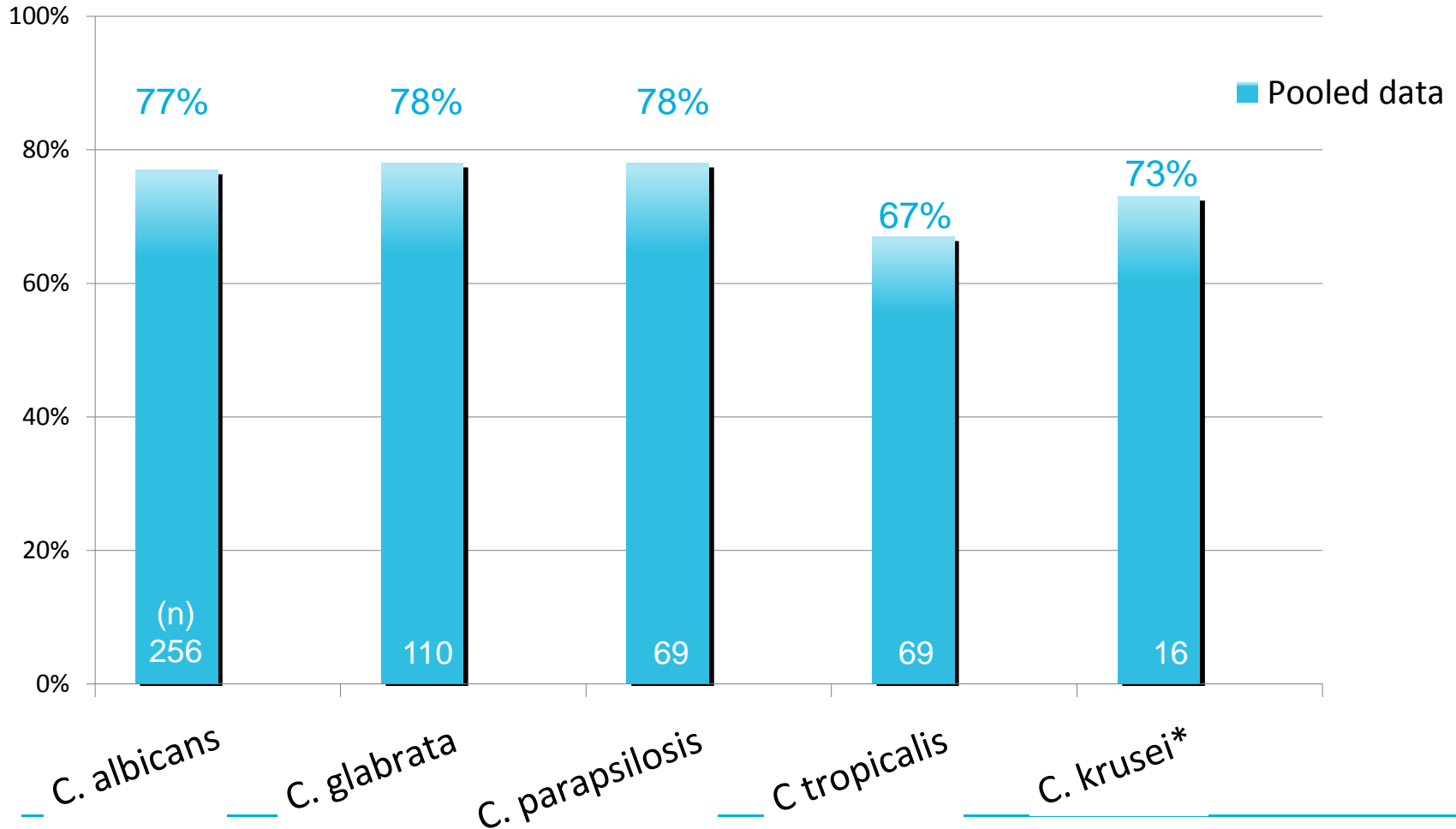
No support for empiric/preemptive treatment if no baseline candidiasis at surgery

Special populations
C. glabrata and *C. parapsilosis*

Echinocandins for *non-albicans* candidemia

Efficacy of anidulafungin in 504 Patients with Invasive Candidiasis

Pooled database of 4 prospective open-label trials



**C. krusei* infections were excluded from the anidulafungin vs. fluconazole trial

Special populations
Neutropenic patients

Efficacy in neutropenic patients with invasive candidiasis

Published Trials, Neutropenic subgroups	Global success, n/N, %	Source
d-Amphotericin B	4/10 40%	Mora-Duarte J et al. N Engl J Med 2002; 347: 2020–2029
L-Amphotericin B	12/15 80%	Kuse ER et al. Lancet 2007; 369: 1519–1527
Anidulafungin	26/46 57%	Herbrecht et al. EHA 2014;P1187
Caspofungin	20/38 53%	Mora-Duarte J et al. N Engl J Med 2002; 347: 2020–2029 Pappas PG et al. Clin Infect Dis 2007; 45: 883–893 Betts RF et al. Clin Infect Dis 2009; 48:1676–84
Micafungin	45/63 71%	Pappas PG et al. Clin Infect Dis 2007; 45: 883–893 Kuse ER et al. Lancet 2007; 369: 1519–1527

When can I step down to
fluconazole?

Echinocandin to azole transition in candidemia patients

- Phase IV open-label non-comparative anidulafungin candidemia/invasive candidiasis study
- Anidulafungin iv → oral fluconazole/voriconazole transition after **≥5 days** if:
 - tolerate oral Rx
 - afebrile for >24 h
 - hemodynamically stable
 - not neutropenic
 - documented *Candida* clearance from bloodstream

Echinocandin to azole transition in candidemia patients

	All patients	Early switch population
	% (N) [95% CI]	% (N) [95% CI]
MITT population (N)	250	102
Global success at EOT	68% (170/250) [62.2–73.8]	79% (81/102) [71.6–87.3]
Mortality (ITT population)	23% (65/282)	14% (14/102)
Success at End of iv Therapy	83% (208/250) [78.6–87.8]	95% (97/102) [90.3–99.3]

- ✓ A paradigm shift:
- ✓ Start all patients on echinocandin
- ✓ Continue echinocandin until stabilization
- ✓ DO switch early after stabilization and negative follow-up blood culture

1. Treat early
2. Remove catheter
3. Start with echinocandin
4. Step down to azole once stabilized*

Summary thoughts

- Candidemia / invasive candidiasis emerge from intestinal colonization
- Early and accurate diagnosis of abdominal candidiasis is crucial
- Prophylaxis and empirical therapy in the ICU are not supported by trials
- Supporting data on superiority of echinocandins in the ICU setting has been emerging^{1,2}
- IDSA 2016 and ESCMID 2012 prioritized echinocandins as the first choice for treatment of candidemia/invasive candidiasis ^{3,5}
- Echinocandin success rates for *C. parapsilosis* and other non-albicans species are comparable to *C. albicans* outcomes for initial therapy.⁴
- Rapid (Day 5) step down to azoles in stabilized patients is feasible, *not based on species or susceptibility report only* but after clinical stabilization⁸

Thank you



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How to select patients for presumptive therapy?

An expert-based view

